



## Community Health and Counseling Services

42 Cedar Street  
Bangor, ME 04401  
(207) 922-4707  
Fax: (207) 990-0399

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### AUTHORIZATION TO RELEASE CONFIDENTIAL INFORMATION

**Instructions:** Each section of this form must be carefully reviewed. Please note incomplete or inaccurately completed forms will not be honored by CHCS.

Client Name: \_\_\_\_\_ Case #: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

**I understand that health care information is confidential and will not be released without my authorization unless permitted by law. I understand that I have the legal right to refuse authorization to disclose all or some health care information, but refusal may result in improper diagnosis or treatment, denial of insurance coverage, or other adverse consequences.**

### SECTION 1: Releasing / Requesting Information

*By law, providers are required to release the minimum amount of information necessary to carry out the purpose of a release. Use the line beside each document type below to indicate the date or range of dates for written information to be disclosed under this authorization, as appropriate. **Note:** CHCS is only able to release information which it has generated.*

I hereby grant my permission for the authorized employees or agents of **Community Health and Counseling Services (CHCS)** to release and/or to request the following information:

**IMPORTANT: At least one box in one column MUST be checked:**

To **RELEASE** the following Information:

- Admission/Intake Summary: \_\_\_\_\_
- Assessment/Evaluation Information: \_\_\_\_\_
- Psycho-Social History: \_\_\_\_\_
- Treatment Plan/Plan of Care: \_\_\_\_\_
- Laboratory/ X-ray Results: \_\_\_\_\_
- Medication Record: \_\_\_\_\_
- Psychiatric Evaluation/ Diagnosis: \_\_\_\_\_
- Psychiatry Progress Notes: \_\_\_\_\_
- Discharge Summary/Discharge Orders: \_\_\_\_\_
- Progress Notes: \_\_\_\_\_
- Ongoing verbal communication for treatment and/or discharge planning
- Ongoing verbal communication for visitation
- Other (specify): \_\_\_\_\_

To **REQUEST** the following information:

- Admission/Intake Summary: \_\_\_\_\_
- Assessment/Evaluation Information: \_\_\_\_\_
- Psycho-Social History: \_\_\_\_\_
- Treatment Plan/Plan of Care: \_\_\_\_\_
- Laboratory/ X-ray Results: \_\_\_\_\_
- Medication Record: \_\_\_\_\_
- Psychiatric Evaluation/Diagnosis: \_\_\_\_\_
- Psychiatry Progress Notes: \_\_\_\_\_
- Discharge Summary/ Discharge Orders: \_\_\_\_\_
- Progress Notes: \_\_\_\_\_
- Ongoing verbal communication for treatment, and/or discharge planning
- Ongoing verbal communication for visitation
- Other (specify): \_\_\_\_\_

I authorize Community Health and Counseling Services to exchange my information with:

Company: (if app.) Wabanaki Health and Wellness

Attention [name]: \_\_\_\_\_

Address: P.O. Box 1356

City/State/Zip: Bangor, Maine 04402-0411 Tel #: (207) 992-0411

### SECTION 2: Purpose of the above release (Place a ✓ by each appropriate option. At least 1 box MUST be checked.) The information and material above may only be used for the following purpose(s):

- Verification of Services  Ongoing Service Coordination  Treatment/ Service Planning
- Legal Matter(s)  Other (specify): \_\_\_\_\_

Client Name: \_\_\_\_\_ Case #: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

**SECTION 3: Special Consents**

I understand that the party(ies) listed in Section 1 of this authorization need(s) my specific consent to disclose information pertaining to treatment and/or diagnosis of mental health conditions, substance abuse and/or HIV status. I understand that authorizing the release of such information does not confirm the existence of such history or treatment.

I  DO /  DO NOT authorize the release of any information, which refers to the diagnosis or treatment of ALCOHOL OR DRUG ABUSE under this authorization.

If I authorize the release of this information, I understand that the recipient of such information may not further release this information without my specific consent or unless permitted by law.

I  DO /  DO NOT authorize the release of any information, which refers to the diagnosis or treatment of MENTAL HEALTH under this authorization.

I  DO /  DO NOT authorize you to release the material indicated without my reviewing it first.

I  DO /  DO NOT authorize the release of any information, which refers to the testing, diagnosis or treatment of HIV/AIDS.

**SECTION 4: Revocation and Expiration**

I have the right to revoke this authorization verbally by speaking with designated CHCS staff or by submitting a Revocation Form (CHCS #3C) at any time. Revocation will not cover information/material released prior to that date but it will prevent further release of information. I understand that revocation may be the basis for denial of health benefits or other insurance coverage or benefits.

This release **will automatically expire** one year from the date signed (six months for a minor in a residential facility) unless I indicate another date here \_\_\_\_\_  
Specify Date or Event

This release may not exceed a maximum of 1-year (six months for minors in residential treatment facilities).

**SECTION 5: Signatures**

My signature below indicates that I have read this release form and have had all of my questions answered, if any.

- I understand what this form authorizes and consent to the release of information as recorded on this form.
- I authorize the party(ies) listed in section 1 of this form to make subsequent disclosures to the same recipient pursuant to this authorization.
- I understand that information released by CHCS might be further released by the receiving party noted in section 1, and that if this occurs, CHCS cannot guarantee the protection of this information once disclosed.
- I understand that I have a right to request a copy of this authorization.

\_\_\_\_\_  
 Client Signature Date

\_\_\_\_\_  
 Representative\* Date

\*Indicate relationship to client  Parent  
 Legal Guardian  
 Other Legally Authorized Representative (specify): \_\_\_\_\_