

Consolidated Demographic: Identifying Information

Client#

If this case is being *REOPENED*, please check this box.

If this form is submitted for *ANNUAL PAPERWORK*, please check this box.

Type of Service: CIS  BHHO

**DEMOGRAPHICS**

Client Name				Date of Birth	
Address			City		State
					Zip code
Home Phone		Work Phone			Okay to call at work? <input type="checkbox"/> Yes <input type="checkbox"/> No
Client's Gender		Marital Status (if applicable)			Email
Guardian Name or Emergency Contact*		Relationship to Client		Guardian/Emergency Contact Address and phone	
Are you currently receiving either mental health or substance abuse services from another provider?					
<input type="checkbox"/> Yes <input type="checkbox"/> No If yes, provider name: _____					
Client is appropriate for services and is set to see _____ on: _____					
Provider Name <span style="margin-left: 200px;">Date</span>					
Is client a Consent Decree Class Member? <input type="checkbox"/> Yes <input type="checkbox"/> No			Joint Custody*? <input type="checkbox"/> Yes <input type="checkbox"/> No Name: _____		
Primary Care Provider/Company Name					
MAINECARE			Social Sec#:		
Mainecare Number:			Categorical <input type="checkbox"/> Non-categorical <input type="checkbox"/>		
If applicable: Pregnant <input type="checkbox"/> Native American <input type="checkbox"/>					
<b>PRIMARY INSURANCE CARRIER</b>					
Are you billing through CORNERSTONE BEHAVIORAL HEALTHCARE for private insurance? ( ) Y ( ) N					
Insurance Provider			Guarantor		
Guarantor Employer			Guarantor SS#		
Policy Number			Group #		
Insurance Provider Address					Guarantor D.O.B.
City		State / Zip			Telephone #
Copay		Referral Needed? ( ) Y ( ) N			Referral #
<b>SECOND INSURANCE CARRIER</b>					
Insurance Provider			Guarantor		
Guarantor Employer			Guarantor SS#		
Policy Number			Group #		
Insurance Provider Address					Guarantor D.O.B.
City		State/Zip			Telephone #
Copay		Referral Needed? ( ) Y ( ) N			Referral #
Policy Number			Group #		
Insurance Provider Address					Guarantor D.O.B.
City		State/Zip			Telephone #
Copay		Referral Needed? <input type="checkbox"/> Y <input type="checkbox"/> N			Referral #

\*If necessary, has any legal paperwork regarding client custody, Guardian Ad Litem, probation, or

other legal documentation been provided? Yes  No

## Waterville, Wabanaki and Bangor Program Description

### I. Service Description and Information

- a. **Behavioral Health Home/ Case Management Services.** Our program qualifies as a “Behavioral Health Home” to both children and adults. This is not a place where people live, but a way of providing case management using a “whole person” approach. This is a Maine Care covered service. This “whole person” approach means that you can get help managing both physical and mental health services. In the Behavioral Health Home, you get the same services that you get with regular case management but with an extra focus of helping you to coordinate physical health needs with your primary care provider. The services are provided by a health professional known as a Home Health Coordinator (HHC) or Case Manager (CM) who will help to identify the mental, behavioral, medical and other whole person needs including educational, housing, peer recovery and transportation, etc. CM’s help to identify the services necessary to meet those needs, coordinate and facilitate access to services and integrate care. This model offers a culturally sensitive, team based approach with YOU being the center and driving force in your care. It begins with intake/assessment, identification of needs, developing a plan of care, referrals, care coordination/advocacy, monitoring, and ends when your goals are met. Behavioral Health Homes build on the existing care coordination and behavioral health expertise of community mental health providers. We strive to meet your needs efficiently and in the shortest time possible. ***Clients must opt in to this service.***
- i. Behavioral Health Homes are an important component of Maine's Value-Based Purchasing strategy, a multi-pronged MaineCare initiative designed to improve the healthcare system, improve population health, and reduce cost.
  - ii. Participation in Behavioral Health Home services is entirely voluntary. You can opt out of the service at any time.
  - iii. Behavioral Health Homes are a partnership between a licensed community mental health provider (the "Behavioral Health Home Organization" or BHHO) and one or more Health Home practices (a HHP) to manage the physical and behavioral health needs of eligible adults and children.
- b. **Adult Community Integration Services** is a service for adults ages 18 and above to help stabilize mental health issues, address co-occurring substance abuse, trauma, and health issues that affect a person’s independence and functioning in the community. Adult Community Integration Services is a culturally sensitive, person centered and team based including you, your health care professionals, peer and natural supports you (and your guardian, if applicable) choose. This is a strengths based approach provided flexibly in the home or in the community.
- c. **Targeted Children’s Case Management** is a service for children ages 0-20 who have Emotional, Behavioral, Developmental and Cognitive needs. This is a culturally sensitive, team based model which includes your natural/peer supports. A wrap-around approach is used to identify strengths, normalized needs and barriers in the community and school. Once needs are identified, the Case Manager will help to link you with congruent community supports and resources to help keep your child in the community and in the least restrictive setting. We provide assessment; support planning, team facilitation, linkage, coordination, monitoring and advocacy to meet the needs of your child.
- d. **Outpatient Therapy** is a service that utilizes evidenced based, culturally sensitive treatment modalities to support clients in managing their symptoms so that they can function as best they can in their environment. Cornerstone offers adult and child outpatient counseling services in both the Bangor and Waterville locations. We have outpatient clinicians that specialize in many areas including: couples, trauma, EMDR, and providing counseling to the LGBTQ community. At times, we have clinical interns that can provide therapy to individuals with no insurance and/or high copays. In addition to providing regular outpatient services, outpatient clinicians may be able to provide BHHO case management services to clients that would benefit and qualify from this service.
- e. **Medication Assisted Therapy (MAT)** is the use of medications, in combination with therapy, to provide a “whole-patient” approach to the treatment of opioid addiction. MAT is designed to provide clients the opportunity to stabilize from opiate use disorder and further engage in the recovery process. Our

Program is an office based outpatient treatment (OBOT) service for adults over the age of 18. OBOT refers to a model of opioid agonist treatment that seeks to integrate the treatment of opioid addiction into general medical and psychiatric care. An important feature of OBOT is that it allows providers to provide opioid treatment services in their usual clinical settings, thus expanding the availability of care. We work very closely with case management and outpatient therapy to offer comprehensive care to our clients.

- f. **Opioid Health Home (OHH)** is an office-based MAT service, based on an integrated care delivery model provided by a team of providers focused on whole-person treatment. This service includes, but is not limited to, counseling, care coordination, medication-assisted treatment, peer recovery support, urine drug screening, and medical consultation for individuals who have been diagnosed with an opioid dependency and other chronic conditions. OHH services are available for eligible MaineCare clients and uninsured individuals with opioid use disorder. OHH is defined as a rehabilitative service that is to be provided in the context of a supportive relationship, pursuant to an individual treatment plan that promotes a person's recovery from Opioids and other co-occurring conditions. ***Clients must opt in to this service.***

## II. Philosophy

- a. Cornerstone is a client-centered, trauma informed and recovery focused service. The goal of the service is to increase independence in the community and to support an individual to live in the least restrictive setting of their choice. We believe that clients are the experts in their lives and that our job is to support clients in what they are motivated to work on. In addition, Case Management services are flexible, and can meet individuals in a variety of settings including the community or your home.

## III. Business Hours

- a. Monday-Friday 8am-4:30pm for Case Management. For outpatient business hours call the Waterville office at 207-680-2065, the Bangor office at 207-992-0410 and the Wabanaki office at 207-992-0411 or toll free 866-275-3741. For after- hours emergency coverage, you may contact your local crisis at 1-888-568-1112 or refer to your crisis plan if necessary. You may also go to the local hospital or call 911.

## IV. Expectations

- a. To meet your needs effectively we expect to meet with you regularly; this includes parents and/or guardians of clients not of legal status to independently consent to services (Please provide custody paperwork or when any legal matters pertain). In the case that a cancellation must occur, please see attendance policy.

## V. Communication

- a. Cornerstone prefers direct communication; however, we recognize at times that you may prefer brief electronic communication through email, voice mail or text. However, providers do not communicate via Facebook or other types of social media. We may not be able to comply with your requests as we follow best practices and clients are aware of the risks and benefits of electronic communication.

## VI. Record keeping

- a. Cornerstone has moved to an Electronic Health Record (EHR). This means that all documents of your case are kept via a secured online record portal. All providers inter-agency have limited access to these files to maintain integration and continuity of care across programs such as: Case Management, Therapy and Medication Management. Cornerstone also participates in HealthInfoNet.

## VII. Transportation

- a. Case Managers may occasionally accompany clients to community based services if these needs are identified in the Individualized Support Plan. Case Managers' primary function is not to provide "transportation".

## VIII. Termination of Services

- a. If at any time, either party decides that services are no longer necessary, due to goals being met, or you are no longer interested or eligible to receive services, your services will be terminated. Services will also end if there has been a period of 90 days of inactivity and/or attempts made by our agency to contact you have been unsuccessful.

## IX. Billing Policies

- a. Your signature on this form will allow Cornerstone to bill private insurances and Mainecare for services and process claims. Cornerstone needs to release information such as: dates of service, length of service, diagnosis and other information as requested by our contract to receive payment. Clients are ultimately responsible for reimbursement of services.
- b. If changes occur to your insurance, it is your responsibility to let Cornerstone know of these changes and to do whatever is necessary of you to restore your insurance benefits should they end and you are responsible for unpaid services. Case Managers, if made aware of your need, may help you to pursue available insurance benefits to maintain them or to have them be restored.
- c. BHHO is only a MaineCare funded service. Case Management is a MaineCare funded reimbursable service, unless other sources of support are identified and approved. We require a copy of your MaineCare card to remain in your client file.

#### **X. Attendance Policy**

- a. In order to provide quality services it's imperative that you attend appointments regularly.  
**Please call the main office number 24 hours in advance of your appointment if you need to cancel.**
- b. If you must call to cancel your appointment with less than a 24 hour notice, please be prepared to explain why you were unable to attend. No more than 3 late cancellations within a 60 day period will be allowed.
- c. If you **give less than 24 hours' notice or simply do not show**, your services are in jeopardy of being discontinued. We will allow no more than 2 no-shows within a 60 day period. An additional fee of \$45 **may be** required of clients that have no-showed more than 1 appointment. Payment will be expected at the beginning **of** your next appointment unless a different arrangement has been made with the office. (MaineCare clients are exempt from the above fee) Most people receiving services enjoy standing appointments, that is, the same day and the same time for each appointment. If you call with late cancellations or no-show for a scheduled appointment, you may lose your standing appointment time and be placed on an ON-CALL list. This means that in order for you to be seen by your clinician you will need to phone the office to ask if your clinician has an open appointment for a particular day. If they do, you may choose to be seen that day. If there are no open appointments you will need to call another day to check for availability.

## **STATE OF MAINE RIGHTS OF RECIPIENTS OF MENTAL HEALTH SERVICES**

### **Who are Adults/Children in Need of Treatment**

The following is a summary of your rights as a recipient of outpatient (nonresidential) services under the Rights of Recipient of Mental Health Services booklet from the Maine Department of Health & Human Services, 40 State House Station, Augusta, Maine 04333 (287-4200 or TTY 287-2000). If you are deaf or do not understand English, an interpreter will be made available to assist you in understanding your rights. Please also review your federal rights under the Health Insurance Portability and Accountability Act (HIPAA) summarized in Cornerstone Behavioral Healthcare's **Notice of Privacy Practices**. This notice is displayed in our waiting rooms, and you may also request a copy of same.

- a. **Basic Rights.** You have the same civil, human and legal rights, which all citizens are entitled. You have the right to be treated with courtesy, respect and dignity.
- b. **Right to Confidentiality and Access to Records.** You have the right to have your records kept confidential, to be released only with your informed and signed consent. (Specific circumstances where the agency can release or share your protected health information as described in the Rights book.) You have the right to review you record at any reasonable time and to add written comments to clarify information you believe is inaccurate or incomplete.
- c. **Right to an Individualized Treatment Service Plan.** You have the right to a written service plan, developed by you and your worker, based on your needs and goals. The plan must: be based on your actual needs, identify

how a need will be met if the service is not available; include tasks to be completed and by whom; time frames for accomplishment of tasks and goals; and criteria to determine success. If you do not agree with the plan, you have the right to request and receive a second opinion. You have a right to a copy of the plan.

- d. **Right to Informed Consent.** No service or treatment can be provided to you against your will. You have the right to be informed of possible risks and anticipated benefits of all services and treatment. You may designate a representative who is authorized to help you understand and exercise your rights, help you make decisions, or to make decisions for you. The guardian also has the right to be fully informed.
- e. **Right to File a Grievance and Appeal.** You have the right, without retribution, to grieve any violation of your rights or a questionable practice. You have the right to a written response, including reasons for the decision. You may appeal any decision to the Department of Health & Human Services. For assistance contact : Office of Advocacy, 60 State House Station, Augusta, Maine 04333 (287-2205) or Disability Rights Center, P.O. Box 2007, Augusta, Maine 04330 (1-800-452-1948).

### **Consent to Use of Health Care Information**

I understand that Cornerstone Behavioral Healthcare will make use of my health care information for purposes of treatment and other lawful functions of Cornerstone Behavioral Healthcare's practice, including securing payment and other usual health care operations.

I understand that if Cornerstone Behavioral Healthcare holds certain sensitive information related to my health care, (such as: **Records covered by federal rules governing confidentiality of alcohol and drug abuse treatment programs (FDA 42 CFR 2.31), Records covered by state rules governing mental health services or Records concerning my, or my child's, diagnosis or treatment for HIV or AIDS**), then my specific authorization will be required to disclose such information to others.

I understand that such information may be made available to persons working on Cornerstone Behavioral Healthcare's behalf, who will be subject to the same duty of confidentiality as Cornerstone Behavioral Healthcare with respect to such information.

I understand that I may refuse to allow the sharing of some or all such information, but that refusal may result in improper diagnosis or treatment or other adverse consequences.

### **Disclosure Notice**

I acknowledge that I have received a copy of Cornerstone Behavioral Healthcare's "Notice of Privacy Practices", and I have been given an opportunity to review this notice. I understand that it is Cornerstone Behavioral Healthcare's policy to treat all health care information and records as confidential, and not to disclose them unless authorized to do so. I understand that I have the right to control the disclosure of my health care information, subject to certain disclosures that are permitted or required by law, and that my health care information will not be disclosed unless:

- I have specifically authorized the disclosure
- The disclosure is permitted or required by law

I understand that it is Cornerstone Behavioral Healthcare's policy not to share any health care information with family or household members, except as specifically directed by the client or parent/guardian.

Client#

The family of household members, if any, with whom I direct Cornerstone to share my health care information, are the following (if not applicable, please note N/A):

The information that Cornerstone may share with those persons listed above, consists of (if not applicable, please note N/A):

I UNDERSTAND THAT I AM FINANCIALLY RESPONSIBLE TO CORNERSTONE BEHAVIORAL HEALTHCARE FOR SERVICES IF IT IS SELF-PAY OR NOT COVERED BY MY INSURANCE, UNLESS I AM ALSO COVERED UNDER MAINECARE. I ALSO UNDERSTAND THAT I AM PERSONALLY RESPONSIBLE FOR MISSED APPOINTMENTS IF I HAVE NOT NOTIFIED CORNERSTONE BEHAVIORAL 24 HOURS IN ADVANCE. I HEREBY AUTHORIZE CORNERSTONE BEHAVIORAL HEALTHCARE TO FURNISH INFORMATION REGARDING MY DIAGNOSIS AND TREATMENT TO THE ABOVE INSURANCE CARRIERS AND/OR MAINECARE, UNLESS I AM SELF-PAY. I HEREBY AUTHORIZE PERMISSION FOR TREATMENT BY PROVIDERS OF CORNERSTONE BEHAVIORAL HEALTHCARE. THIS SIGNATURE ACKNOWLEDGES THAT I HAVE READ, UNDERSTAND AND AGREE TO THE ABOVE BILLING POLICY, CONSENT, ATTENDANCE POLICY, RIGHTS OF RECIPIENTS, AND DISCLOSURE NOTICE AT CORNERSTONE BEHAVIORAL HEALTHCARE. THIS SIGNATURE ALSO ACKNOWLEDGES THE PERMISSION TO TRANSPORT IF APPLICABLE AS WELL AS RELEASING CORNERSTONE BEHAVIORAL HEALTHCARE FROM LIABILITY IN CASE OF AN ACCIDENT DURING ACTIVITIES RELATED TO CORNERSTONE BEHAVIORAL HEALTHCARE, AS LONG AS NORMAL SAFETY PROCEDURES HAVE BEEN TAKEN.

**Signatures: If client is a minor, and service is Substance Abuse they must sign.**

Client (14 yrs. & older):	Date:
Authorized Rep:	Date:
Relationship to Client:	
Witness:	Date:
<ul style="list-style-type: none"> <li>I am opting in for: <input type="checkbox"/> BHHO Services <input type="checkbox"/> OHH Services</li> </ul>	
<ul style="list-style-type: none"> <li>I have been offered a copy of any and all of this paperwork.</li> </ul>	<input type="checkbox"/> Yes <input type="checkbox"/> No
<ul style="list-style-type: none"> <li>In the event that my insurances change I give my permission for Cornerstone to retro-bill new insurances.</li> </ul>	<input type="checkbox"/> Yes <input type="checkbox"/> No

**Right to Revoke (Disclosure Notice Only)**

I understand that I may revoke this authorization at any time by giving written notice of revocation to Cornerstone Behavioral Healthcare; however, this will not affect information released prior to receiving my statement. I understand that revoking this authorization may be the basis for denial of health benefits or other insurance coverage benefits.

**My signature below officially revokes this authorization.**

Client:	Date:
Authorized Rep:	Date:
Relationship to Client:	
Witness:	Date:



**Cornerstone**  
**Behavioral Healthcare**

157 Park Street, Suite 5

Bangor, ME 04401

Phone: (207) 992-0410 Fax: (207) 992-0414

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## Client Signature Attestation

CMS require that we maintain a registry of Client signatures for signature verification. Please complete the form below and return to our office at your earliest convenience. Thank you.

Please sign your name – *stamps and electronic signatures are not acceptable for this form.*

Signature: \_\_\_\_\_ Initials: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Guardian Signature (if applicable): \_\_\_\_\_

Printed Name: \_\_\_\_\_

Witness Signature: \_\_\_\_\_

Printed Name: \_\_\_\_\_

## Cornerstone Behavioral Healthcare Telehealth Agreement & Signature Page

I, \_\_\_\_\_, agree to participate in Telehealth services. These services will be provided by, \_\_\_\_\_. My signature acknowledges that I have read, understood and agree to the Telehealth Service Policy (page 2) that governs services provided at Cornerstone Behavioral Healthcare.

The purpose of Telehealth services is not to replace face-to-face services. These services can be discontinued at any time and a face-to-face session can be scheduled as soon as it is reasonably possible.

These services will comply with HIPAA regulations and upon the initiation of treatment all clients are provided with HIPAA rules and regulations governing the security and transfer of client information. I acknowledge that no electronic transmission of information, even encrypted, can be guaranteed to be 100% secure.

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**Telehealth is an interactive face-to-face digitally secured video session with your provider. The clinical session will not be recorded or taped. The provider will offer the same care as a direct face-to-face appointment.**

Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Guardian or Parent (if applicable): \_\_\_\_\_ Date: \_\_\_\_\_

Witness: \_\_\_\_\_ Date: \_\_\_\_\_



The definition of Telehealth Services, as defined by MaineCare Benefit Manual (4.01-10) is the use of information technology by a Health Care Provider to deliver clinical services at a distance for the purpose of diagnosis, disease monitoring, or treatment.

1. Interactive Telehealth- if face-to-face services are not available, then interactive Telehealth (real-time combined audio and video) may be used. If connection is lost during session, the telephone may be used to complete the session.

#### Eligibility for Telehealth:

1. Must have payment source that covers Telehealth and respective requirements must be followed.
  - a. Must have full benefit MaineCare coverage and be eligible for mental health services, or
  - b. Must have commercial insurance that covers behavioral health, and therefore covers behavioral health via Telehealth per Maine parity law, or
  - c. Must have Medicare, and client must be in Telehealth-eligible area (contact executive director or CEO to verify), or
  - d. Must have no insurance, and be paying privately for services.
2. Mental health service delivered must be of comparable quality to what it would be if delivered in person.
3. Delivery of the mental health service via Telehealth must be medically appropriate as determined by Health Care Provider.

#### Client Rights:

1. Participation in Telehealth is voluntary. Client has the right to refuse or discontinue at any time without risking future access to services.
2. Client has the right to access records from Telehealth sessions as provided by Federal and State law and regulations, just like any other health record.
3. Client has the right to know who is present at provider's site, and the member's site, during the session, and have the right to exclude anyone from either site.

#### Clinical Requirements:

1. Documentation is required, similar to face to face services, and utilizes the authorization(s) maintained for underlying service delivered. Justification for Telehealth services will be documented on Initial Assessment, Progress Notes, Treatment Plan and Annual Summary.
2. The clinical session will not be recorded or taped.
3. Child Protective Service (CPS)/Adult Protective Services (APS) Mandated Reporting
  - a. Face-to-face service requirements apply to Telehealth.
  - b. You are a mandated reporter only in the state where you hold a valid license.
  - c. If a report is made to your State regarding a client in another State, it is their responsibility to coordinate with that State.
  - d. Reporting to another state is violating the client's confidentiality, unless you obtain a written release of information from the client/guardian.

Wabanaki, division of Cornerstone Behavioral Health  
157 Park Street, Suite 5 Bangor, Maine 04401  
Phone: (207) 992-0411 Fax: (207) 907-2048

**Diagnostic Sheet**

<b>Client Name:</b>	<b>DOB:</b>
<b>Diagnosis</b>	<b>ICD 10 Code</b>
<b>Primary</b>	

<b>Diagnosed By:</b>	<b>Date:</b>
<b>Supervisor Signature (if applicable):</b>	<b>Date:</b>

**AC-OK Screen for Co-Occurring Disorders – Adolescent (10-21)**  
 (Mental Health, Trauma Related Mental Health Issues & Substance Abuse)

<b>Client Name (print):</b>		<b>Client#</b>
<b>DOB:</b>	<b>Date of Service:</b>	
<b>During the past year, have you:</b>		
1. Felt really sad, lonely, hopeless, stopped enjoying things, wanted to eat more or less, had problems sleeping, or doing what you need to at home or at school?	<input type="checkbox"/> yes <input type="checkbox"/> no	
2. Heard voices or seen things that others don't hear or see?	<input type="checkbox"/> yes <input type="checkbox"/> no	
3. Burned or cut yourself?	<input type="checkbox"/> yes <input type="checkbox"/> no	
4. Been prescribed medication for your feelings?	<input type="checkbox"/> yes <input type="checkbox"/> no	
5. Tried to kill yourself?	<input type="checkbox"/> yes <input type="checkbox"/> no	
6. Had thoughts about hurting yourself or wanting to die?	<input type="checkbox"/> yes <input type="checkbox"/> no	
	<b>Number of 'yes' 1-6:</b>	
7. Been in trouble with the law, school, parents, or lost friends because of your drinking alcohol or using other drugs, and continued to use?	<input type="checkbox"/> yes <input type="checkbox"/> no	
8. Drunk alcohol or used other drugs to change the way you feel?	<input type="checkbox"/> yes <input type="checkbox"/> no	
9. Drunk alcohol or used other drugs more than you meant to?	<input type="checkbox"/> yes <input type="checkbox"/> no	
10. Changed your friends or planned your free time to include drinking alcohol or using other drugs?	<input type="checkbox"/> yes <input type="checkbox"/> no	
11. Needed to drink more alcohol or use more drugs to get the same buzz or high as when you first started using?	<input type="checkbox"/> yes <input type="checkbox"/> no	
12. Tried to stop drinking alcohol or using other drugs, but couldn't?	<input type="checkbox"/> yes <input type="checkbox"/> no	
	<b>Number of 'yes' 7-12:</b>	
13. Have you experienced a very bad thing happen (a traumatic event) where you continue to feel scared, worried, nervous, or even had nightmares that bothered you after it was all over?	<input type="checkbox"/> yes <input type="checkbox"/> no	
14. Have you ever been afraid of your parent, caretaker, or a family member?	<input type="checkbox"/> yes <input type="checkbox"/> no	
15. Have you ever been hit, slapped, kicked, touched in a bad way, cursed at, yelled at or threatened by someone?	<input type="checkbox"/> yes <input type="checkbox"/> no	
	<b>Number of 'yes' 13-15:</b>	
<b>Client Signature:</b>		
<b>Provider Signature:</b>		
<b>Provider Printed Name &amp; Credentials:</b>		

**Must be completed at intake and renewed yearly.**

Case Management ISP Signature Page

Client#
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<b>Client Name:</b>	
<b>Date of Plan:</b>	
<b>Type of Plan:</b> <input type="checkbox"/> Initial <input type="checkbox"/> Review <input type="checkbox"/> Other <input type="checkbox"/> Annual	
<b>Is this Review late?</b> <input type="checkbox"/> Yes <input type="checkbox"/> No (If yes, answer the following)	
• Did the ISP remain in effect? <input type="checkbox"/> Yes <input type="checkbox"/> No	
• Provide the reason for the review being late: <input type="checkbox"/> Client cancellations/no shows <input type="checkbox"/> Client did not return for services <input type="checkbox"/> Infrequency of client visits <input type="checkbox"/> Other (please explain):	
<input type="checkbox"/> Provider error (please explain):	
<b>Address/ Phone Change:</b> <input type="checkbox"/> Yes <input type="checkbox"/> No (If yes, update):	
<b>List those involved in ISP development:</b> <input type="checkbox"/> Client <input type="checkbox"/> Parent/Guardian <input type="checkbox"/> Case Manager <input type="checkbox"/> Provider <input type="checkbox"/> Other:	
<b>Is client AMHI Class Member?</b> <input type="checkbox"/> Yes <input type="checkbox"/> No (If yes, answer the following)	
• Does client have an Advance Psychiatric Directive? <input type="checkbox"/> Yes <input type="checkbox"/> No	
• If yes, was it reviewed? <input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Was the Crisis Plan reviewed?</b> <input type="checkbox"/> Yes <input type="checkbox"/> No (If no, answer the following)	
• If Crisis Plan was not reviewed, why not?	
<b>Domains</b> (The following goal areas should be considered in the context of the individual's recovery. Please check each domain that is an active need to be addressed on this treatment plan, indicate a status and designate a responsible team member)	
<b>STATUS KEY:</b> <i>GE (Goal Established); AN (Assessed, No Need at this time); AO (Assessment On-going); CC (Client Chooses not to address at this time); GA (Goal Achieved); C (Continuing); D (Dissolved); UN (Unmet Need)</i>	
<b>Domain</b>	<b>Status</b>
<input type="checkbox"/> Housing	
<input type="checkbox"/> Financial	
<input type="checkbox"/> Education	
<input type="checkbox"/> Social/Recreation/Peer <input type="checkbox"/> Family <input type="checkbox"/> Cultural/Gender <input type="checkbox"/> Recreational/Social <input type="checkbox"/> Peer Support	
<input type="checkbox"/> Transportation	
<input type="checkbox"/> Health Care <input type="checkbox"/> Dental <input type="checkbox"/> Eye Care <input type="checkbox"/> Hearing Health <input type="checkbox"/> Medical	

Case Management ISP Signature Page

Client#
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<input type="checkbox"/> Vocation	
<input type="checkbox"/> Legal	
<input type="checkbox"/> Living Skills	
<input type="checkbox"/> Substance Use	
<input type="checkbox"/> Mental Health <input type="checkbox"/> Trauma <input type="checkbox"/> Emotional, Psychological <input type="checkbox"/> Psychiatric/Medications <input type="checkbox"/> Crisis	
<input type="checkbox"/> Spiritual/Cultural	
<input type="checkbox"/> Outreach	
<input type="checkbox"/> Other (please specify):	
For all unmet needs listed above, please document the reason and indicate a plan to address these:	
<b>Additional Comments:</b>	
<b>Risk and Benefits Statement</b>	
I have developed my ISP and Safety Plan with my provider. We have reviewed the risks and benefits associated with these plans. I have been offered a copy of these plans and agree to work towards these goals. <input type="checkbox"/> Yes <input type="checkbox"/> No (If no, please explain):	
<b>Client Signature</b>	<b>Date</b>
<b>Parent/Guardian Signature</b>	<b>Date</b>
<b>Provider Signature/Credentials</b>	
<b>Supervisor Signature (if applicable)</b>	

**Crisis/Safety Plan**

Client Name:	
Client #:	Date:
Emergency Contact Name / Relationship*	Telephone Number
*Is this contact the same as on the Consolidated Demographic? <input type="checkbox"/> Yes <input type="checkbox"/> No (If no, please submit an updated Consolidated Demographic Form.)	
What does a crisis look like for you?	
What is likely to set off a crisis?	
What is Helpful? (Intervention Steps: Call a friend, Listen to music, Write in a journal, Go for a walk, Exercise, Go to sleep, Medication, Call Therapist, Call Crisis)	
Who is Helpful?	
What is Not Helpful?	
Who is Not Helpful?	
<ul style="list-style-type: none"> <li>• Have you ever called a Crisis Program? <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Does not apply</li> <li>• Have you ever been in a crisis unit? <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Does not apply</li> <li>• Would you be interested in having a meeting with a crisis worker in your area to develop a new crisis plan? <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Does not apply</li> <li>• Do you have a crisis plan on file at your local crisis contractor? <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Does not apply</li> </ul>	
<b>Important Telephone Numbers</b>	
<b>STATEWIDE CRISIS: 1-888-568-1112</b>	<b>LOCAL POLICE : 911</b>
<b>STATE POLICE: 1-800-482-0730</b>	<b>LOCAL FIRE: 911</b>
<b>POISON CONTROL: 1-800-442-6350</b>	<b>OTHER:</b>
<b>Other Information:</b> (Included telephone number if applicable)	
Client Signature:	Date:
Parent/Guardian Signature:	Date:
Case Manager Signature:	Date:
Supervisor Signature:	Date:
Printed Name and Credentials:	

Cornerstone Behavioral Healthcare  
157 Park St. Suite 5  
Bangor, Maine 04401  
Phone: (207) 992-0410 Fax: (207) 992-0414

Wabanaki, Division of Cornerstone  
P.O. Box 1356  
Bangor Maine 04402  
Phone: (207) 992-0411 Fax: (207) 907-2048

**PCP Cover Letter**

(To be submitted at the first date of service)

Dear: \_\_\_\_\_ ,  
(Primary Care Provider)

Client, \_\_\_\_\_ , is currently being  
(Client Name)

seen in either our Bangor or Waterville office by, \_\_\_\_\_ ,  
(Case Manager's Name)

for either Counseling services, Case Management services or Medication Management services.

In an effort to provide integrated services for our client we are requesting current medical records for coordination of treatment.

If we can be of assistance, please feel free to contact us at: \_\_\_\_\_  
(Branch Phone Number)

Attached is a signed release from this client to you.

Sincerely,

*Case Management Division*  
Cornerstone Behavioral Healthcare

Child's Name:	Middle:	Last Name:	Date of Birth (MM/DD/YYYY)
Mainecare Number	<input type="checkbox"/> TCM Provider	<input type="checkbox"/> BHH Provider	<input type="checkbox"/> HCT Provider
Start Date:	<input type="checkbox"/> Entry into Service	<input type="checkbox"/> Re Assessment	<input type="checkbox"/> Discharge

**Child STRENGTHS (Ages 0-21)**

0=Centerpiece Strength 1=Useful Strength 2=identified Strength 3=Not yet identified as a strength

#	Item	0	1	2	3
1	Family Strengths				
2	Interpersonal Skills				
3	Optimism				
4	Educational Setting				
5	Vocational				
6	Talents & Interests				
7	Spiritual/Religious				
8	Community Involvement				
9	Natural Supports				
10	Relationship Permanence				
11	Child/Youth Involvement w/care				
12	Coping & Survival Skills				
13	Resiliency				

**Child LIFE FUNCTIONING (Ages 0-21)**

0=No Evidence 1= Minimal Needs 2=Moderate Needs 3=Severe Needs

#	Item	0	1	2	3
14	Family Functioning				
15	Living Situation				
16	SCHOOL/DAYCARE* → If Score '0' NA ↓	0			
17	School Behavior	NA			
18	School Achievement	NA			
19	School Attendance	NA			
20	Relationships with Teacher/Caregiver	NA			
21	Social Functioning				
22	Recreation / Play, for Young Children				
23	Communication				
24	Physical Health				
25	Sleep				
26	Elimination				
27	Personal Hygiene/Self Care				
28	Gender Identity				
29	SEXUAL DEVELOPMENT* → If Score '0' NA ↓				
30	Hyper-Sexuality	NA			
31	Masturbation	NA			
32	Sexually Problematic Behaviors	NA			
33	Knowledge of Sex	NA			
34	Choice of Relations	NA			
35	Pregnancy and Child Bearing	NA			
36	Judgment/Decision Making				
37	Legal				
38	Independent Living Skills				
39	Job Functioning				
40	DEV/INT DISABILITY* → If Score '0' NA ↓				
41	Autism Spectrum Disorder	NA			
42	Cognitive(Intellectual Functioning)	NA			
43	Agitation	NA			
44	Self-Stimulation	NA			
45	Motor	NA			
46	Developmental Delay	NA			
47	Sensory Reactivity	NA			
48	Atypical Behaviors	NA			
49	Failure to Thrive	NA			
50	Eating	NA			
51	Mobility	NA			
52	Positioning	NA			
53	Elimination	NA			

Page Break – EIS Dimension

**Child RISK BEHAVIORS (Ages 6-21)**

0=No Evidence 1=History or sub threshold watch/prevent 2=Recent behavior/ causing problems 3=Acute/ causing severe problems

#	Item	NA	0	1	2	3
54	Self-Injurious Behavior	0-5yrs				
55	Suicide Risk	0-5yrs				
56	Reckless Behavior(Other self-harm)	0-5yrs				
57	DANGER TO OTHERS * If Score '0' or <6 yrs. NA	0-5yrs				
58	History of Perpetrating Violence	0-5yrs				
59	Frustration Management	0-5yrs				
60	Hostility	0-5yrs				
61	Paranoid Thinking	0-5yrs				
62	Secondary Gains from Anger	0-5yrs				
63	Violent Thinking	0-5yrs				
64	Aware of Violence Potential	0-5yrs				
65	Response to Consequences	0-5yrs				
66	Commitment to Self-Control	0-5yrs				
67	Engagement in Treatment	0-5yrs				
68	SEXUAL AGGRESSION * If Score '0' or <6 yrs NA	0-5yrs				
69	Relationship	0-5yrs				
70	Physical Force/Threat	0-5yrs				
71	Planning	0-5yrs				
72	Age Differential	0-5yrs				
73	Power Differential	0-5yrs				
74	Type of Sex Act	0-5yrs				
75	Response to Accusation	0-5yrs				
76	Temporal Consistency	0-5yrs				
77	History of SAB towards Others	0-5yrs				
78	Severity of Sexual Abuse as Victim	0-5yrs				
79	Success of Prior Treatment	0-5yrs				
80	Runaway	0-5yrs				
81	DELINQUENT BEHAVIOR * If Score '0' or < 6 yrs. NA	0-5yrs				
82	Seriousness	0-5yrs				
83	History	0-5yrs				
84	Arrests	0-5yrs				
85	Planning	0-5yrs				
86	Community Safety	0-5yrs				
87	Legal Compliance	0-5yrs				
88	Peer Influences	0-5yrs				
89	Parental Influences	0-5yrs				
90	Environmental Influences	0-5yrs				
91	FIRE SETTING * If Score '0' or <6 yrs. NA	0-5yrs				
92	History	0-5yrs				
93	Seriousness	0-5yrs				
94	Planning	0-5yrs				
95	Use of Accelerants	0-5yrs				
96	Intention to Harm	0-5yrs				
97	Community Safety	0-5yrs				
98	Response to Accusation	0-5yrs				
99	Remorse	0-5yrs				
100	Likelihood of Future Fires	0-5yrs				
101	Intentional Misbehaviors	0-5yrs				
102	Bullying Others	0-5yrs				
103	Medication Compliance	0-5yrs				



Child BEHAVIORAL EMOTIONAL NEEDS (Ages 6-21)						
0=No Evidence 1=watch/prevent 2=causing problem 3=causing severe problems						
#	Item	NA	0	1	2	3
104	Psychosis/Thought Disturbances	0-5yrs				
105	Depression	0-5yrs				
106	Anxiety	0-5yrs				
107	Mania	0-5yrs				
108	Impulsivity/Hyperactivity	0-5yrs				
109	Attention/Concentration	0-5yrs				
110	Oppositional Behavior	0-5yrs				
111	Conduct	0-5yrs				
112	Anger Control	0-5yrs				
113	<b>SUBSTANCE USE*</b> If Score '0' or <6 yrs. NA	0-5yrs				
114	Severity of Use	0-5yrs				
115	Duration of Use	0-5yrs				
116	Stage of Recovery	0-5yrs				
117	Peer Influences	0-5yrs				
118	Parental/Caregiver Influences	0-5yrs				
119	Environmental Influences	0-5yrs				
120	Eating Disturbances	0-5yrs				
121	Attachment Difficulties	0-5yrs				

Page Break- EIS Dimension

Caregiver RESOURCES AND STRENGTHS (Ages 0-21)						
0=No Evidence 1=Minimal Needs 2= Moderate Needs 3=Severe Needs						
#	Item	NA	0	1	2	3
122	Supervision					
123	Involvement with Care					
124	Knowledge of Child's Needs					
125	Organizational Skills					
126	Social Resources					
127	Residential Stability					
128	Physical Health					
129	Mental Health					
130	Substance Use					
131	Post Traumatic Reactions					
132	Developmental					
133	Access to Child Care					
134	Military Transitions					
135	<b>FAMILY STRESS*</b> → if Score '0' NA ↓					
136	Hygiene & Self-Care/Daily Living Skills	NA				
137	Cultural Stress	NA				
138	Employment	NA				
139	Education Attainment	NA				
140	Legal	NA				
141	Motivation for Care	NA				
142	Financial Resources	NA				
143	Transportation	NA				
144	Safety					

MEDICAL (Ages 0-21)						
0=No Evidence 1=Minimal Needs 2= Moderate Needs 3=Severe Needs						
#	Item	NA	0	1	2	3
145	<b>MEDICAL HEALTH *</b> → if Score '0' NA ↓					
146	Life Threatening	NA				
147	Chronicity	NA				
148	Diagnostic Complexity	NA				
149	Emotional Response	NA				
150	Impairment in Functioning	NA				
151	Intensity of Treatment	NA				
152	Organizational Complexity	NA				
153	Family Stress	NA				

INFANT AND CHILDREN (Ages 0-5)						
0=No Evidence 1=watch/prevent 2=causing problem 3=causing severe problems						
#	Item	NA	0	1	2	3
154	Self-Harm	6-21yrs				
155	Aggressive Behaviors	6-21yrs				
156	Intentional Misbehaviors	6-21yrs				
157	Sexually Reactive Behaviors	6-21yrs				
158	Bullying Others	6-21yrs				
159	Fire Setting	6-21yrs				
160	Flight Risk	6-21yrs				

Child RISK FACTORS (Ages 0-5)						
0=No Evidence 1=watch/prevent 2=causing problem 3=causing severe problems						
#	Item	NA	0	1	2	3
161	Birth Weight	6-21yrs				
162	Prenatal Care	6-21yrs				
163	Labor and Delivery	6-21yrs				
164	Substance Exposure	6-21yrs				
165	Parent or Sibling Problems	6-21yrs				
166	Paternal Availability	6-21yrs				

Child FUNCTIONING/DEVELOPMENT (Ages 0-5)						
0=No Evidence 1=watch/prevent 2=causing problem 3=causing severe problems						
#	Item	NA	0	1	2	3
167	Motor	6-21yrs				
168	Eating	6-21yrs				
169	Sensory Reactivity	6-21yrs				

Child BEHAVIORAL EMOTIONAL NEEDS (Ages 0-5)						
0=No Evidence 1=watch/prevent 2=causing problem 3=causing severe problems						
#	Item	NA	0	1	2	3
170	Attachment Difficulties	6-21yrs				
171	Emotional Control(Temperament)	6-21yrs				
172	Failure to Thrive	6-21yrs				
173	Depression	6-21yrs				
174	Anxiety	6-21yrs				
175	Atypical Behaviors	6-21yrs				
176	Impulsivity/Hyperactivity	6-21yrs				
177	Oppositional Behavior	6-21yrs				
178	Eating Disturbances	6-21yrs				

Child STRENGTHS (Ages 0-5)						
0= Centerpiece Strength 1- Useful 2= Identified 3= Not yet identified						
#	Item	NA	0	1	2	3
179	Persistence	6-21yrs				
180	Curiosity	6-21yrs				
181	Adaptability	6-21yrs				
182	Interpersonal/Social Behavior	6-21yrs				

ADVERSE CHILDHOOD EXPERIENCES (ACES) ( Ages 0-21)			
#	Item	No	Yes
183	Sexual Abuse		
184	Physical Abuse		
185	Emotional Abuse/Neglect		
186	Physical Neglect		
187	Domestic Violence		
188	Parental Incarceration		
189	Household Substance Exposure		
190	Family History of Mental Illness		
191	Disruption of Caregiving		

TRAUMATIC STRESS SYMPTONS (Ages 0-21)						
0=No Evidence 1= Minimal Needs 2= Moderate Needs 3= Severe Needs						
#	Item	NA	0	1	2	3
192	Adjustment to Trauma					
193	Traumatic Grief/Separation					
194	Re-Experiencing					



# Authorization to Release Information

A

We are committed to the privacy of your information.  
Please read this form carefully.

Which DHHS office(s) should help you? Please check.

<input type="checkbox"/> Office of MaineCare Services	<input type="checkbox"/> Substance Abuse and Mental Health Services
<input type="checkbox"/> Office for Family Independence and Medical Review Team	<input type="checkbox"/> Office of Child and Family Services
<input type="checkbox"/> Maine Center for Disease Control and Prevention	<input type="checkbox"/> Office of Aging and Disability Services
<input type="checkbox"/> Dorothea Dix Psychiatric Center	<input type="checkbox"/> Office of Administrative Hearings
<input type="checkbox"/> Riverview Psychiatric Center	<input type="checkbox"/> Other:

Whose information is being released? Please print clearly.

Individual's Name	Date of Birth	Social Security #
Home Address	Town/City	State Zip Code
Telephone ( ) -	Email address	@

What information should DHHS release? Please check all that apply.

<p><b>General permission:</b></p> <p><input type="checkbox"/> All health information from the DHHS office(s) checked above</p> <p><input type="checkbox"/> Claims or encounter data (information about visits to health care providers)</p> <p><input type="checkbox"/> Billing, payment, income, banking, tax, asset, or data needed to see if you qualify for DHHS program benefits</p> <p><input type="checkbox"/> Limit to the following date(s) or type(s) of information: (for example "Lab test dated June 2, 2017" or "Claims from 2015-2017")</p> <p>_____</p> <p><input type="checkbox"/> Other: _____</p>	<p><b>Special permission: Drug/Alcohol Referral or Services</b></p> <p><input type="checkbox"/> Include all drug/alcohol information in the release</p> <p><input type="checkbox"/> Include only the specific drug/alcohol records checked:</p> <p><input type="checkbox"/> Diagnosis and treatment</p> <p><input type="checkbox"/> Clinical notes and discharge summaries</p> <p><input type="checkbox"/> Drug/Alcohol history or summary</p> <p><input type="checkbox"/> Payment or claims information</p> <p><input type="checkbox"/> Living situation and social supports</p> <p><input type="checkbox"/> Medication, dosages or supplies</p> <p><input type="checkbox"/> Lab results</p> <p><input type="checkbox"/> Other: _____</p>
<p><b>Special permission: Mental/Behavioral Health Services</b></p> <p><input type="checkbox"/> Include this information in the release</p> <p><input type="checkbox"/> I want to review my mental health/behavioral health record before release. I understand that the review will be supervised.</p> <p><b>Please note:</b> Maine law allows us to share this information with other health care providers and health plans to coordinate your care (to help take care of you) so long as we make a reasonable effort to notify you of the release.</p>	<p><b>Special permission: HIV/AIDS Status/Test Results</b></p> <p><input type="checkbox"/> Include this information in the release</p> <p><b>Please note:</b> Maine law requires us to tell you of possible effects of releasing HIV/AIDS information. For example, you may receive more complete care if you release this information, but you could experience discrimination if your data is misused. DHHS will protect your HIV data, and all your information, as the law requires.</p>

Are you asking DHHS to send your information by EMAIL?  Yes.

Although DHHS has privacy and security protections for my information, I understand that email and the internet have risks that DHHS cannot control. It is possible that my emailed information could be read by a third party. I ACCEPT THOSE RISKS and still ask DHHS to send my information by email. INITIAL HERE \_\_\_\_\_

Where should DHHS send your information by email? Please print the email address clearly:

What is the purpose of the release? Please check or write a response.

<input type="checkbox"/> To coordinate or manage my care	<input type="checkbox"/> For a legal matter, including to provide testimony
<input type="checkbox"/> A personal request	<input type="checkbox"/> To see if I qualify for benefits or insurance
<input type="checkbox"/> Other _____	

Please check and print clearly below:  Send my information to  Get my information from:

Name Wabanaki Case Management Division of Cornerstone Behavioral Healthcare	Name Wabanaki Case Management Division of Cornerstone Behavioral Healthcare
Address PO Box 1356	Address PO Box 1356
City, State, Zip Code Bangor ME 04402-1356	City, State, Zip Code Bangor ME 04402-1356
Phone (207)992-0411	Fax No.
	Phone (207)992-0411
	Fax No.

I understand and agree that:

- “Information” may be in written, spoken and/or electronic format.
- This form will expire **one year** from the date below unless I revoke (take back) my permission sooner.
- To take back my permission, I will fill out the Revocation Form found at <http://www.maine.gov/dhhs/privacy/index.shtml> and send it to the office where I receive services. It will not apply to the information that DHHS already released with my permission.
- If I take back my permission or refuse to release some or all of my information, my choice could lead to an improper diagnosis or treatment, or denial of insurance coverage.
- I permit the people and/or offices listed on this form to speak to each other for the purpose(s) on this form.
- Health information from other providers (such as doctors, hospitals, and counselors) in my DHHS file is included in this release.
- Unless I am applying for benefits, DHHS will not base my treatment, payment for services, or benefits on whether I sign this form.
- DHHS offices will keep my information confidential as required by law. If I choose to share my information with others who are not required by law to keep it private, it may no longer be protected by federal confidentiality laws.
- If alcohol or drug treatment or program (substance use disorder) records are included in this release, DHHS will include a notice saying that such information may not be re-released or shared without my written permission.

I am signing this form voluntarily. I have the right to a signed copy of this form if I request one.

Date: \_\_\_\_\_ Signature \_\_\_\_\_

Personal Representative’s authority to sign: \_\_\_\_\_



**PENOBSCOT NATION HEALTH DEPARTMENT**  
**AUTHORIZATION FOR USE OR DISCLOSURE OF HEALTH, COUNSELING OR DENTAL INFORMATION**

Instructions: Each section of this form must be carefully reviewed. Please note incomplete or inaccurately completed forms will not be honored by PNHD.

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Phone #: \_\_\_\_\_

I understand that my health, counseling, and dental information are confidential and will not be released without my authorization unless permitted by law. I understand that I have the legal right to refuse authorization to disclose all or some my health, counseling, and dental information, but refusal may result in improper diagnosis or treatment, denial of insurance coverage, or other adverse consequences.

**SECTION 1: Releasing/Requesting Information**

*By law, providers are required to release the minimum amount of information necessary to carry out the purpose of a release. Use the line beside each document type below to indicate the date or range of dates for information to be disclosed under this release, as appropriate.*

I hereby grant my permission for the authorized employees of Penobscot Nation Health Department (PNHD) located at 23 Wabanaki Way Indian Island, ME 04468,

**IMPORTANT: At least one box in each column MUST be checked:**

- To RELEASE the following information:
- None
  - Chart Summary
  - Laboratory Results: \_\_\_\_\_
  - X-ray Results: \_\_\_\_\_
  - Progress Notes: \_\_\_\_\_
  - Assessment/Intake Summary: \_\_\_\_\_
  - Psycho-Social History: \_\_\_\_\_
  - Treatment Plan/Plan of Care: \_\_\_\_\_
  - Psychiatric Evaluation/Diagnosis: \_\_\_\_\_
  - Immunizations
  - Ongoing verbal communication for treatment
  - Other (specify): \_\_\_\_\_

- To REQUEST the following information:
- None
  - Chart Summary
  - Laboratory Results: \_\_\_\_\_
  - X-ray Results: \_\_\_\_\_
  - Progress Notes: \_\_\_\_\_
  - Assessment/Intake Summary: \_\_\_\_\_
  - Psycho-Social History: \_\_\_\_\_
  - Treatment Plan/Plan of Care: \_\_\_\_\_
  - Psychiatric Evaluation/Diagnosis: \_\_\_\_\_
  - Immunizations
  - Ongoing verbal communication for treatment
  - Other (specify): \_\_\_\_\_

Information to be **RELEASED TO / OR REQUESTED FROM:**

Name of Person/Organization/Facility: Wabanaki Case Management Division of Cornerstone Behavioral Healthcare

Address: PO Box 1356

City/State/Zip: Bangor ME 04402-1356

Tel#: (207)992-0411

Fax: \_\_\_\_\_

**SECTION 2: Purpose of the above release (Place a  $\checkmark$  by each appropriate option.)** The information and material above may only be used for the following purpose(s):

- Verification of Services     
 Ongoing Service Coordination     
 Treatment/Service Planning  
 Legal Matter(s)     
 Transfer of Care     
 Other(specify): \_\_\_\_\_



**SECTION 3: Special Consents**

I understand that the party listed in Section 1 of this authorization need(s) my specific consent to disclose information pertaining to treatment and/or diagnosis of mental health conditions, substance abuse and/or HIV status. I understand that authorizing the release of such information does not confirm the existence of such history or treatment.

**I DO authorize** the release of any information, which refers to the diagnosis or treatment of **ALCOHOL OR DRUG ABUSE** under this authorization **unless I initial here** \_\_\_\_\_.

If I authorize the release of this information, I understand that the recipient of such information may not further release this information without my specific consent or unless permitted by law.

**I DO authorize** the release of any information, which refers to the diagnosis or treatment of **MENTAL HEALTH** under this authorization **unless I initial here** \_\_\_\_\_.

**I DO NOT** wish to review the material indicated, before release **unless I initial here** \_\_\_\_\_.

**\*\* If I have not initialed, it will be assumed that I do not wish to review the material. \*\***

**I DO authorize** the release of any information, which refers to the testing, diagnosis or treatment of **HIV/AIDS** **unless I initial here** \_\_\_\_\_.

I understand that individuals about whom such disclosures have been made have encountered discrimination from others in the areas of employment, housing, education, life insurance and social and family relationships I understand that this authorization will stay in effect unless I later revoke this authorization. I understand that if I authorize the disclosure of this information to my insurance company, information which refers to treatment or diagnosis of HIV infection or AIDS may be disclosed to my current and future insurance companies, health plans, or payers unless I revoke or update this authorization.

---

**SECTION 4: Revocation and Expiration**

I have the right to revoke this authorization in writing, or by submitting a Revocation Form at any time. Revocation will not cover information/material released prior to that date, but will prevent further release of information. I understand that revocation may be the basis for denial of health benefits or other insurance coverage or benefits.

This release will expire on \_\_\_\_\_.

This release may not exceed a maximum of 1 year.

---

**SECTION 5: Signatures**

My signature below indicates that I have read this release form and have had all of my questions answered, if any.

- I can refuse to disclose some or all of the information in my record, but refusal may result in an improper diagnosis or treatment, denial of coverage for a claim for health benefits or other insurance or other adverse consequences.
- I understand what this form authorizes and consent to the release of information as recorded on this form.
- I authorize the party listed in section 1 of this form to make subsequent disclosures to the same recipient pursuant to this authorization.
- I understand that information released by PNHD might be further released by the receiving party noted in section 1, and that if this occurs; PNHD cannot guarantee the protection of this information once disclosed.
- I understand that I have a right to request a copy of this authorization.



**PENOBSCOT NATION HEALTH DEPARTMENT**  
**AUTHORIZATION FOR USE OR DISCLOSURE OF HEALTH, COUNSELING OR DENTAL INFORMATION**

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Representative\*

\_\_\_\_\_  
Date


\*Indicate relationship to client

- Parent
- Legal Guardian
- Other Legally Authorized Representative (specify): \_\_\_\_\_

Revocation of Release: \_\_\_\_\_ Date: \_\_\_\_\_

This information may have been disclosed to you from records whose confidentiality is protected by Federal Law. State and federal regulations 34-B MRSA § 1207 et seq; 424 S.C. § 290 ee-3 & 42 CFR, part 2.1, Confidentiality of Alcohol and Drug Abuse of Patient Records prohibits you from making further disclosure without the specific written consent of the person to whom it pertains, or as otherwise permitted by such regulations.

**D**

 <p><b>Penobscot Community Health Care Medical Records</b> P.O. Box 439 Bangor, ME 04402-0439 (207) 404-8101 Fax (207) 990-1248</p>	<p><b>Patient Name:</b></p> <p><b>Patient's Former Name or Alias:</b></p> <p><b>Patient Address:</b></p> <p><b>Date of Birth:</b></p> <p><b>Patient's Phone Number:</b></p>
--	---

### Authorization to Disclose Health Information

By signing below, I authorize Penobscot Community Health Care (PCHC) and its staff (*check applicable box(es)*):

To **DISCLOSE** my health information below **TO:** **AND/OR**  To **OBTAIN** my health information below **FROM:**

Name of Person or Organization: Wabanaki Case Management Division of Cornerstone Behavioral Health

City/State/Zip Code: P.O. Box 1356 Bangor, Maine 04402-1356

Phone: (207) 992-0411 Fax: (207) 907-2048/ (207) 992-0414

By:  Mail\*  Fax  Email\*\* (*specify recipient's email address:* \_\_\_\_\_)

Verbal Communication  Other (*specify instructions:* \_\_\_\_\_)

\* Records provided by mail will be sent on a compact disc, unless you specify other instructions.

\*\* Records provided by email will be provided in Adobe PDF files that will be accessible to the email recipient via PCHC's secure messaging portal. An email will be sent to the email address you provide with instructions to the recipient on how to access such records via PCHC's portal.

#### Health Information to be Disclosed

- My entire medical record (*complete "Sensitive Medical Information" section below if you wish sensitive types of health disclosed*)
- My medical records for the following dates: \_\_\_\_/\_\_\_\_/\_\_\_\_ to \_\_\_\_/\_\_\_\_/\_\_\_\_
- Only the following specific types of medical records or information for the following dates: \_\_\_\_/\_\_\_\_/\_\_\_\_ to \_\_\_\_/\_\_\_\_/\_\_\_\_
  - Clinical Records  Immunization Records  Lab Reports  Hospital Records  Radiology Reports  Summary Records
  - Other Records (*specify:* \_\_\_\_\_)

*Unless I strike out this sentence, I intend this authorization to include disclosure of records and information the above disclosing person or organization has received from other healthcare providers, facilities or persons, unless such information may be withheld by law (see note below).*

#### Sensitive Health Information


- I specifically intend this authorization to include the disclosure of (*initial all that apply*):
- Mental and behavioral health records and information**, including (i) records and information maintained by licensed mental health facilities, programs and agencies, and (ii) records and information related to mental health services provided by licensed mental health professionals. *I understand that I have the right to review any mental and behavioral health records maintained by licensed mental health facilities, programs or agencies at any reasonable time before deciding to authorize their disclosure on this form. (Note: licensed mental health facilities, programs and agencies may refuse to disclose information or records they have obtained from another individual or facility through an assurance of confidentiality, though you have the right to receive a summary description of such information.)*
  - Substance use disorder program records and information (subject to protection under 42 C.F.R. Part 2).**
  - HIV (Human Immunodeficiency Virus) / AIDS (Acquired Immune Deficiency Syndrome) information, including HIV test results, HIV/AIDS status, and medical records containing HIV/AIDS information.** *I understand that authorizing the disclosure of HIV/AIDS records and information could have adverse consequences, including the loss or denial of employment, health insurance benefits, life insurance benefits, and other forms of discriminatory treatment, whether lawful or unlawful.*

#### Authorization of Continuing Communications and Subsequent Disclosures

*Unless I strike out any of the following, I intend this authorization to authorize continuing communications and subsequent disclosures of information within the scope of this authorization (i.e., the disclosing and recipient parties of my health care information are authorized to have continuing communications concerning the health care information authorized to be disclosed by this form, and to disclose information covered by this authorization that was created or related to clinical encounters occurring after the date of my signature below).*

- I authorize the disclosure of the above information for the following purpose(s) (*check applicable box(es)*):
- At my request  Treatment or Coordination of Medical Care  Transfer of medical care  Legal Matter or Proceeding
  - Insurance coverage or payment purposes  Other (*specify:* \_\_\_\_\_)

D

	<b>Penobscot Community Health Care Medical Records</b> (207) 404-8101 Fax (207) 990-1248	<b>Patient Name:</b> <b>Date of Birth:</b>
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**Duration or Expiration Date/Event:** This authorization will expire thirty (30) months from the date of my signature below, unless earlier revoked by me or unless I enter an earlier expiration date or event here: \_\_\_\_\_ (date cannot exceed 30 months from date of signature). To the extent that this authorization authorizes disclosure of (i) mental health records and information maintained by a licensed mental health facility, program or agency, (ii) information concerning a child in a licensed residential care facility, or (iii) information concerning a child in a licensed foster care home, that part of the authorization will expire one (1) year from the date of my signature below, unless earlier revoked by me or unless I have entered an earlier expiration date or event in the space above.

By signing below, I acknowledge that I have read this authorization and understand that:

- I may refuse to authorize the disclosure of some or all the above healthcare information but that my refusal may result in improper diagnosis or treatment, denial of coverage or a claim for health benefits or other insurance, or other adverse consequences.
- I may revoke this authorization at any time, either orally or in writing, by notifying PCHC in the manner described in PCHC's Notice of Privacy Practices (except to the extent that PCHC or any other person has already acted in reliance on it), but that my revocation may be the basis for the denial of health or other insurance coverage or benefits.
- PCHC will not condition services or treatment on whether I sign this authorization, unless authorized to do so by law.
- There is the potential that information disclosed pursuant to this authorization may be redisclosed by persons or entities receiving the information and that, as a result, the information may no longer be protected.
- I have the right to a copy of this signed authorization.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Patient or Patient's Authorized Representative\*\*\*

\_\_\_\_\_  
Printed Name

Authorized Representative's Legal Authority:  Legal guardian       Health care power of attorney agent  
 Health care surrogate       Parent of a minor

\*\*\* Signature by an authorized representative certifies to PCHC that such person has the legal authority indicated to authorize disclosure of the patient's information and records on behalf of the patient.

**FOR OFFICE USE ONLY**

*If the disclosure is by PCHC and the disclosure is partial or incomplete as compared to the patient's request, PCHC must notify the patient and recipient of the information that the disclosure is partial or incomplete by checking this box:*

**If this authorization authorizes disclosure of substance use disorder program information protected by 42 C.F.R. Part 2:**

**Notice to Recipient of Prohibition on Redisclosure:** This record which has been disclosed to you is protected by federal confidentiality rules (42 CFR part 2). The federal rules prohibit you from making any further disclosure of this record unless further disclosure is expressly permitted by the written consent of the individual whose information is being disclosed in this record or, is otherwise permitted by 42 CFR part 2. A general authorization for the release of medical or other information is NOT sufficient for this purpose (see §2.31). The federal rules restrict any use of the information to investigate or prosecute with regard to a crime any patient with a substance use disorder, except as provided at §§2.12(c)(5) and 2.65.

Received by: \_\_\_\_\_ Location: \_\_\_\_\_ Date: \_\_\_\_\_

Rev. 03/15/2021  
MRC001





Name:

DOB:

- |   |   |
|---|---|
| <input type="checkbox"/> A.R. Gould Hospital          | <input type="checkbox"/> Maine Coast Hospital               |
| <input type="checkbox"/> Acadia Hospital              | <input type="checkbox"/> Mercy Hospital                     |
| <input type="checkbox"/> Acadia Healthcare            | <input type="checkbox"/> Northern Light Home Care & Hospice |
| <input type="checkbox"/> Beacon Health                | <input type="checkbox"/> Northern Light Laboratory          |
| <input type="checkbox"/> Blue Hill Hospital           | <input type="checkbox"/> Northern Light Medical Transport   |
| <input type="checkbox"/> C. A. Dean Hospital          | <input type="checkbox"/> Northern Light Pharmacy            |
| <input type="checkbox"/> Eastern Maine Medical Center | <input type="checkbox"/> Sebecook Valley Hospital           |
| <input type="checkbox"/> Inland Hospital              | <input type="checkbox"/> Work Health                        |
| <input type="checkbox"/> Lakewood                     |   |

**AUTHORIZATION TO RELEASE HEALTHCARE INFORMATION**

Page 1 of 4

**PLEASE FAX FORM TO HIM DEPARTMENT LISTED BELOW**

	Phone	Fax		Phone	Fax
A.R. Gould Hospital	(207) 768-4175	(207) 768-4060	Lakewood	(207) 873-5125	(207) 861-9967
Acadia Hospital	(207) 973-6100	(207) 973-6822	Maine Coast Hospital	(207) 664-5454	(207) 664-5398
Acadia Healthcare	(207) 973-6100	(207) 973-6822	Mercy Hospital	(207) 879-3373	(207) 822-2469
Beacon Health	(207) 973-5692	(207) 989-1096	Northern Light Home Care & Hospice	(800) 757-3326	(207) 400-8891
Blue Hill Hospital	(207) 374-3458	(207) 374-3971	Northern Light Laboratory	(207) 973-6900	(207) 973-6999
C. A. Dean Hospital	(207) 695-5225	(207) 695-2254	Northern Light Medical Transport	(207) 275-2940	(207) 973-9487
Eastern Maine Medical	(207) 973-7873	(207) 973-7867	Northern Light Pharmacy	(207) 275-3216	(207) 561-4804
Inland Hospital	(207) 861-3150	(207) 861-3158	Sebecook Valley Hospital	(207) 487-4026	(207) 487-3204

**NONDISCRIMINATION STATEMENT:** Northern Light Health and its affiliates (Northern Light Health) comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, ethnicity, age, mental or physical ability or disability, political affiliation, religion, culture, socio-economic status, genetic information, veteran status, sexual orientation, sex, gender, gender identity or expression, or language. Northern Light Health does not exclude people or treat them differently because of race, color, national origin, ethnicity, age, mental or physical ability or disability, political affiliation, religion, culture, socio-economic status, genetic information, veteran status, sexual orientation, sex, gender, gender identity or expression, or language.

Northern Light Health:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, please call 1-888-986-6341. If you have a TTY, you may also dial 711 Maine Relay.

If you believe that Northern Light Health or any of its affiliates has failed to provide these services or discriminated in another way on the basis of race, color, national origin, ethnicity, age, mental or physical ability or disability, political affiliation, religion, culture, socio-economic status, genetic information, veteran status, sexual orientation, sex, gender, gender identity or expression, or language, you can file a grievance with your Northern Light Health Civil Rights Coordinator, 797 Wilson St., Suite 4, Brewer, ME 04412, 1-866-769-8363 (**telephone**), 1-207-989-1420 (**fax**), or at nondiscrimination@northernlight.org (**email**). If you need help filing a grievance, your Northern Light Health Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, D.C. 20201, 1-800-368-1019, 800-537-7697 (TDD). Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.



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(08/21/19)

*French: ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-888-986-6341 (ATS : 711).*

*Spanish: ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-986-6341 (TTY: 711).*

*Oromo (Cushite): XIYYEEFFANNAA: Afaan dubbattu Oroomiffa, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa 1-888-986-6341 (TTY: 711).*

*Chinese: 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-888-986-6341 (TTY : 711)。*

*Vietnamese: CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-888-986-6341 (TTY: 711).*

*Tagalog (Filipino): PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-888-986-6341 (TTY: 711).*

*Cambodian (Khmer): ប្រយ័ត្ន: បើសិនជាអ្នកនិយាយ ភាសាខ្មែរ, សេវាជំនួយផ្នែកភាសា ដោយមិនគិតថ្លៃ គឺអាចមានសំរាប់អ្នក។ ចូរ ទូរស័ព្ទ 1-888-986-6341 (TTY: 711)។*

*Russian: ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-888-986-6341 (мелетайн: 711).*

*Arabic:*

*رقم 1-888-986-6341 ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 711 هاتف الصم والبكم.*

*German: ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-888-986-6341 (TTY: 711).*

*Korean: 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-888-986-6341 (TTY: 711) 번으로 전화해 주십시오.*

*Thai: ระวัง: ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร 1-888-986-6341 (TTY: 711).*

*Nilotic (Dinka): PID KENE: Na ye jam ně Thuonjan, ke kuony yeně koc waar thook atö kuka lëu yök abac ke cin wënh cuatë piny. Yuopë 1-888-986-6341 (TTY: 711)*

*Japanese: 注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。1-888-986-6341 (TTY:711) まで、お電話にてご連絡ください。*

*Polish: UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-888-986-6341 (TTY: 711).*

### **AUTHORIZATION TO RELEASE HEALTHCARE INFORMATION**

**I authorize the Northern Light Health entity indicated above to release my health information to:**

Name (entity or individual) Wabanaki Case Management Division of Cornerstone Behavioral Healthcare			Phone (207)992-0411
Street PO Box 1356	City Bangor	State ME	Zip 04402-1356
Name (entity or individual)			Phone
Street	City	State	Zip
Name (entity or individual)			Phone
Street	City	State	Zip
Name (entity or individual)			Phone
Street	City	State	Zip

NOTE: All disclosures based on this form are limited to records existing at the time the form is signed, unless you (the patient or personal representative) indicate below that you want us to release records related to specific future tests, procedures, appointments, etc.

**Indicate the date(s) of service** (such as admission date, visit date(s), date range, etc.) (including instructions on release of future records): \_\_\_\_\_

**Specific information/documents to be released or comments/instructions** (e.g., the particular practice or department from which to release the records):

**PURPOSE:** I release the above information for the purpose or purposes of:

- On-going treatment/aftercare
- Release is to the requesting individual for personal use
- Legal proceeding: Name of attorney: \_\_\_\_\_
- Insurance matter: Name of insurance company: \_\_\_\_\_

This authorization will expire in 12 months unless I give an earlier expiration date here: \_\_\_\_\_.

NOTE: for purposes of disclosing information which refers to treatment or diagnosis of HIV infection or AIDS, this authorization will not expire and will remain in effect unless revoked.

Your specific consent is required to disclose any of the following types of information (**check the boxes only if you want this authorization to include this information**):

- I authorize disclosure of federal drug or alcohol abuse program treatment information contained in my medical records. This information may not be re-disclosed by the recipient without my specific written consent.
- I authorize disclosure of information derived from behavioral health services provided by a licensed behavioral health professional. The recipient of this information must be specified by name above.
  - I want to review my behavioral health information before it is released. I understand this review must be supervised (Northern Light Acadia Healthcare or Northern Light Acadia Hospital patients only).
- I authorize the disclosure of information which refers to treatment or diagnosis of HIV infection or AIDS. I understand that individuals about whom such disclosures have been made have encountered discrimination from others in the areas of employment, housing, education, life insurance and social and family relationships. I understand that this authorization will stay in effect unless I later revoke this authorization. I understand that if I authorize the disclosure of this information to my insurance company, information which refers to treatment or diagnosis of HIV infection or AIDS may be disclosed to my current and future insurance companies, health plans, or payors unless I revoke or update this authorization.

I understand that my treatment is not conditioned on signing this authorization. I will not be denied treatment if I do not sign this form. I may review my record before signing. I may refuse to sign this authorization form. Partial or incomplete information will be labeled as such. I understand that, if I refuse to sign this authorization form, it may result in improper diagnosis or treatment, denial of coverage, denial of a claim for benefits, denial of other insurance or other adverse consequences.

I may revoke this authorization at any time except for the information already disclosed. To revoke my authorization, I will submit a written request to the Medical Records Department of the entity indicated above. I understand that, if I revoke this authorization, it may be the basis for denial of health benefits or other insurance coverage.

I understand that, if this information is disclosed to a third party or to me, the information may no longer be protected by state and federal privacy regulations and may be re-disclosed by the person or organization that receives the information.

I understand that I may have a copy of this authorization form. I decline a copy of this authorization unless I ask for one to be given me.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_  
(Patient\*)

Signed: \_\_\_\_\_ Relationship: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_  
(Authorized Representative\*)

\*A parent /guardian or other authorized representative is generally required to sign for a patient under the age of 18. Patients aged 14 to 17 should sign in addition to their parent/guardian or other authorized representative. If a minor patient consented to his/her own care, the minor patient must sign this authorization form to release records related to that care. Indicate relationship of representative to patient.



**st. joseph healthcare**  
**St. Joseph Hospital**  
*In the Spirit of Healing*  
 Sponsored by Covenant Health Systems  
 Founded by the Felician Sisters

Patient Name: _____
Date of Birth: _____
Contact Phone #: _____

**Written Authorization to Release Copies of Healthcare Information**

I the undersigned, hereby authorize St Joseph Healthcare and its designated employees or agents to release/obtain/discuss medical information from my health record.

**Where records are now (release from):**

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City, State, Zip:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**Fax:** \_\_\_\_\_

**Where records are going (release to):**

**Name:** Wabanaki Case Management  
Division of Cornerstone Behavioral Healthcare

**Address:** PO Box 1356

**City, State, Zip:** Bangor ME 04402-1356

**Phone:** (207)992-0411

**Fax:** \_\_\_\_\_

**The purpose of the release is for:**

- Further care
- Transfer of care (*physician practices only*)
- Personal records (*i.e. further care; proactive/home file*)
- Attorney request (*reasonable fee may be assessed*)
- Other: \_\_\_\_\_

**Date(s) of service** – From: \_\_\_\_\_ To: \_\_\_\_\_

**Please specify information to be released:**

**Physician Reports**

- Office Treatment Notes       Emergency Department       Psychiatric/Psychological Evaluation
- History & Physical               Consultation                       Psychosocial Evaluation
- Discharge Summary               Operative Report                 Assessments/Care Plans/Notes

**Diagnostic Reports**

- Laboratory     Radiology Reports     Radiology Images (CD)     Cardiology     Pathology

**Homecare & Hospice Reports**

- Assessments     Plans of Care     Progress Notes/Summaries     Medication Profiles     Physician Orders

**Other information to be disclosed (specify):** \_\_\_\_\_

**Information that I refuse to disclose (specify):** \_\_\_\_\_

**If I have been diagnosed or treated for any of the following, I understand that St. Joseph Healthcare needs my specific consent. I do authorize release of this information and waive the right to review records before they are released unless I have specifically initialed under the "I DO NOT" section in the table below.**

I <b>DO</b> authorize release of information regarding <b>DRUG AND/OR ALCOHOL ABUSE</b> . By federal law, such information may not be re-disclosed by the recipient without specific written consent.	<b>I DO NOT</b> _____ (initial here)
I <b>DO</b> authorize release of information regarding <b>MENTAL HEALTH</b> treatment.	<b>I DO NOT</b> _____ (initial here)
I <b>DO</b> authorize disclosure of information regarding <b>HIV INFECTION, ARC OR AIDS</b> . I understand that individuals about whom such disclosures have been made have encountered discrimination from others in the areas of employment, housing, education, life insurance, health insurance, and social and family relationships.	<b>I DO NOT</b> _____ (initial here)
I <b>DO</b> waive the right to review records before they are released. I understand that such review must be supervised.	<b>I DO NOT</b> _____ (initial here)

*Continued on reverse*

I understand that my treatment is not conditioned on signing this authorization. I will not be denied treatment if I do not sign this form. I understand that my medical record contains information relating to my diagnosis and treatment and authorize the release of all such information listed above except those items I have crossed out or specified. I further understand that I may review my records and refuse authorization to disclose all or some of the above health care information, but that refusal may result in improper diagnosis or treatment, denial of coverage or claim for health benefits from other insurance(s) or other adverse consequences. Partial or incomplete records will be labeled as such.

If I am a parent or legal guardian requesting access to a minor’s information, I further understand that I will not be provided access to records related to certain categories of treatment as required by law (for example, a minor’s reproductive health records).

I understand that St. Joseph Healthcare may deny this request under limited circumstances as provided for under federal and state law protecting the privacy of health information. I understand that in such cases, I may designate a representative to review my records on my behalf.

I understand that, if this information is disclosed to a third party, the information may no longer be protected by federal privacy regulations and may be re-disclosed by the person or organization that receives the information.

I understand that St. Joseph Healthcare will provide my medical records in the form or format I request (paper or electronic format). If this is not easily able to be produced, it needs to be produced in a machine readable electronic form or format that is agreed upon by myself and St. Joseph Healthcare.

I understand that St. Joseph Healthcare will notify me of its decision to approve or deny my request to access or obtain a copy of the requested information within thirty (30) days of receiving this request. If St. Joseph Healthcare is unable to comply with my approved request for information within thirty (30) days, it may extend the deadline for up to thirty (30) more days by notifying me in writing.

This authorization must be renewed annually. Subsequent disclosures by Releaser are permitted until expiration. However, I understand that I can revoke this Authorization at any time prior to the above time frame, except for the information already disclosed. To revoke my authorization, I will notify the appropriate Health Information Management Department. Such revocation must be in writing, signed, and dated and shall be effective when received, subject to the rights of any such person who acted in reliance on the Authorization prior to receiving notice of revocation. I understand that revocation may be the basis of denial of health benefits, insurance coverage, benefits, and/or other adverse consequences and that I would be responsible for payment for services received.

**I understand that I am entitled to a copy of this authorization form.**

\_\_\_\_\_ **Patient Signature**

\_\_\_\_\_ **Date & Time**

\_\_\_\_\_ **Authorized Representative/Relationship**

\_\_\_\_\_ **Date & Time**

\_\_\_\_\_ **Witness**

\_\_\_\_\_ **Date & Time**

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**HOSPITAL USE ONLY**

MR# \_\_\_\_\_ Processed On: \_\_\_\_\_ By: \_\_\_\_\_



## Community Health and Counseling Services

42 Cedar Street  
Bangor, ME 04401  
(207) 922-4707  
Fax: (207) 990-0399

**G**

### AUTHORIZATION TO RELEASE CONFIDENTIAL INFORMATION

**Instructions:** Each section of this form must be carefully reviewed. Please note incomplete or inaccurately completed forms will not be honored by CHCS.

Client Name: \_\_\_\_\_ Case #: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

**I understand that health care information is confidential and will not be released without my authorization unless permitted by law. I understand that I have the legal right to refuse authorization to disclose all or some health care information, but refusal may result in improper diagnosis or treatment, denial of insurance coverage, or other adverse consequences.**

### SECTION 1: Releasing / Requesting Information

*By law, providers are required to release the minimum amount of information necessary to carry out the purpose of a release. Use the line beside each document type below to indicate the date or range of dates for written information to be disclosed under this authorization, as appropriate. **Note:** CHCS is only able to release information which it has generated.*

I hereby grant my permission for the authorized employees or agents of **Community Health and Counseling Services (CHCS)** to release and/or to request the following information:

**IMPORTANT: At least one box in one column MUST be checked:**

To **RELEASE** the following Information:

- Admission/Intake Summary: \_\_\_\_\_
- Assessment/Evaluation Information: \_\_\_\_\_
- Psycho-Social History: \_\_\_\_\_
- Treatment Plan/Plan of Care: \_\_\_\_\_
- Laboratory/ X-ray Results: \_\_\_\_\_
- Medication Record: \_\_\_\_\_
- Psychiatric Evaluation/ Diagnosis: \_\_\_\_\_
- Psychiatry Progress Notes: \_\_\_\_\_
- Discharge Summary/Discharge Orders: \_\_\_\_\_
- Progress Notes: \_\_\_\_\_
- Ongoing verbal communication for treatment and/or discharge planning
- Ongoing verbal communication for visitation
- Other (specify): \_\_\_\_\_

To **REQUEST** the following information:

- Admission/Intake Summary: \_\_\_\_\_
- Assessment/Evaluation Information: \_\_\_\_\_
- Psycho-Social History: \_\_\_\_\_
- Treatment Plan/Plan of Care: \_\_\_\_\_
- Laboratory/ X-ray Results: \_\_\_\_\_
- Medication Record: \_\_\_\_\_
- Psychiatric Evaluation/Diagnosis: \_\_\_\_\_
- Psychiatry Progress Notes: \_\_\_\_\_
- Discharge Summary/ Discharge Orders: \_\_\_\_\_
- Progress Notes: \_\_\_\_\_
- Ongoing verbal communication for treatment, and/or discharge planning
- Ongoing verbal communication for visitation
- Other (specify): \_\_\_\_\_

I authorize Community Health and Counseling Services to exchange my information with:

Company: (if app.) Wabanaki Health and Wellness

Attention [name]: \_\_\_\_\_

Address: P.O. Box 1356

City/State/Zip: Bangor, Maine 04402-0411 Tel #: (207) 992-0411

### SECTION 2: Purpose of the above release (Place a ✓ by each appropriate option. At least 1 box MUST be checked.) The information and material above may only be used for the following purpose(s):

- Verification of Services  Ongoing Service Coordination  Treatment/ Service Planning
- Legal Matter(s)  Other (specify): \_\_\_\_\_

Client Name: \_\_\_\_\_ Case #: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

**SECTION 3: Special Consents**

I understand that the party(ies) listed in Section 1 of this authorization need(s) my specific consent to disclose information pertaining to treatment and/or diagnosis of mental health conditions, substance abuse and/or HIV status. I understand that authorizing the release of such information does not confirm the existence of such history or treatment.

I  DO /  DO NOT authorize the release of any information, which refers to the diagnosis or treatment of ALCOHOL OR DRUG ABUSE under this authorization.

If I authorize the release of this information, I understand that the recipient of such information may not further release this information without my specific consent or unless permitted by law.

I  DO /  DO NOT authorize the release of any information, which refers to the diagnosis or treatment of MENTAL HEALTH under this authorization.

I  DO /  DO NOT authorize you to release the material indicated without my reviewing it first.

I  DO /  DO NOT authorize the release of any information, which refers to the testing, diagnosis or treatment of HIV/AIDS.

**SECTION 4: Revocation and Expiration**

I have the right to revoke this authorization verbally by speaking with designated CHCS staff or by submitting a Revocation Form (CHCS #3C) at any time. Revocation will not cover information/material released prior to that date but it will prevent further release of information. I understand that revocation may be the basis for denial of health benefits or other insurance coverage or benefits.

This release **will automatically expire** one year from the date signed (six months for a minor in a residential facility) unless I indicate another date here \_\_\_\_\_  
Specify Date or Event

This release may not exceed a maximum of 1-year (six months for minors in residential treatment facilities).

**SECTION 5: Signatures**

My signature below indicates that I have read this release form and have had all of my questions answered, if any.

- I understand what this form authorizes and consent to the release of information as recorded on this form.
- I authorize the party(ies) listed in section 1 of this form to make subsequent disclosures to the same recipient pursuant to this authorization.
- I understand that information released by CHCS might be further released by the receiving party noted in section 1, and that if this occurs, CHCS cannot guarantee the protection of this information once disclosed.
- I understand that I have a right to request a copy of this authorization.

\_\_\_\_\_  
 Client Signature \_\_\_\_\_  
 Date

\_\_\_\_\_  
 Representative\* \_\_\_\_\_  
 Date

\*Indicate relationship to client  Parent  
 Legal Guardian  
 Other Legally Authorized Representative (specify): \_\_\_\_\_



**Consent for Release of Information**

You must complete all required fields. We will not honor your request unless all required fields are completed. (\*Signifies a required field. \*\*Please complete these fields in case we need to contact you about the consent form).

**TO: Social Security Administration**

**\*My Full Name**

**\*My Date of Birth  
(MM/DD/YYYY)**

**\*My Social Security Number**

I authorize the Social Security Administration to release information or records about me to:

**\*NAME OF PERSON OR ORGANIZATION:**

Wabanaki Case Management  
Division of Cornerstone Behavioral Healthcare

**\*ADDRESS OF PERSON OR ORGANIZATION:**

PO Box 1356 Bangor ME 04402-1356

Phone: (207)992-0410

Fax: (207)907-2048

**\*I want this information released because:**

We may charge a fee to release information for non-program purposes.

**\*Please release the following information selected from the list below:**

**Check at least one box. We will not disclose records unless you include date ranges where applicable.**

- 1.  Verification of Social Security Number
- 2.  Current monthly Social Security benefit amount
- 3.  Current monthly Supplemental Security Income payment amount
- 4.  My benefit or payment amounts from date \_\_\_\_\_ to date \_\_\_\_\_
- 5.  My Medicare entitlement from date \_\_\_\_\_ to date \_\_\_\_\_
- 6.  Medical records from my claims folder(s) from date \_\_\_\_\_ to date \_\_\_\_\_  
If you want us to release a minor child's medical records, do not use this form. Instead, contact your local Social Security office.
- 7.  Complete medical records from my claims folder(s)
- 8.  Other record(s) from my file (We will not honor a request for "any and all records" or "the entire file." You must specify other records; e.g., consultative exams, award/denial notices, benefit applications, appeals, questionnaires, doctor reports, determinations.)

I am the individual, to whom the requested information or record applies, or the parent or legal guardian of a minor, or the legal guardian of a legally incompetent adult. I declare under penalty of perjury (28 CFR § 16.41(d)(2004) that I have examined all the information on this form and it is true and correct to the best of my knowledge. I understand that anyone who knowingly or willfully seeking or obtaining access to records about another person under false pretenses is punishable by a fine of up to \$5,000. I also understand that I must pay all applicable fees for requesting information for a non-program-related purpose.

**\*Signature:** \_\_\_\_\_ **\*Date:** \_\_\_\_\_

**\*\*Address:** \_\_\_\_\_ **\*\*Daytime Phone:** \_\_\_\_\_

**Relationship (if not the subject of the record):** \_\_\_\_\_ **\*\*Daytime Phone:** \_\_\_\_\_

Witnesses must sign this form ONLY if the above signature is by mark (X). If signed by mark (X), two witnesses to the signing who know the signee must sign below and provide their full addresses. Please print the signee's name next to the mark (X) on the signature line above.

1. Signature of witness	2. Signature of witness
Address(Number and street, City, State, and Zip Code)	Address(Number and street, City, State, and Zip Code)

Cornerstone Behavioral Healthcare

Wabanaki, Division of Cornerstone

AUTHORIZATION TO RELEASE CONFIDENTIAL INFORMATION

Client #

Client Name:

DOB:

I, [ ] hereby authorize [ ] hereby decline to authorize (sign at bottom)

(client/guardian)

to receive or disclose the following information.

(staff or provider name)

Please check the appropriate box(s) below:

- Any and all information relating to my care and treatment.
Only the following information (please check): Demographics, Assessment, Progress, Notes, Treatment Plan, Discharge Summary, Other.

Information to be Received from or Disclosed to:

Name: Company: Address: Phone/Fax:

The purpose of this release is: Coordination of service, Obtain records, Clinical Consultation

Other (Please specify):

Specified Date of Expiration:

I authorize release of any information that may relate to mental health Treatment. Yes No

I authorize release of any information that may relate to diagnosis/treatment of HIV, ARC, or AIDS. Yes No

I authorize disclosure of information which refers to treatment of diagnosis of drug or alcohol abuse (FDA 42 CFR 2.31). Such information may not be disclosed by the recipient without my specific written consent. Yes No

I waive my right to review this information prior to its disclosure. Yes No

I authorize the provider to send/receive records by facsimile. Yes No

I acknowledge that I have been offered a copy of this authorization. Yes No

\*If I have been diagnosed or treated for any of the aforementioned, I understand that Cornerstone Behavioral Healthcare needs my specific consent to disclose related information. In no event may any such information, if applicable, be disclosed without my specific consent. I authorize the above-named provider to make subsequent disclosures to the same recipient pursuant to this authorization. Unless earlier revoked, this consent expires in 90 days or on the specified date above, not to exceed one (1) year.

Signatures To RELEASE:

Table with 3 rows: Client Signature, Authorized Rep (Parent/Guardian), Witness Signature. Each row has a signature line and a Date field.

Signatures To REVOKE the Receiving or Disclosing of information:

Table with 3 rows: Client Signature, Authorized Rep (Parent/Guardian), Witness Signature. Each row has a signature line and a Date field.