

Need For Change (NFC) Self-Rating Scale

6.

Please share with us your opinion about your current employment situation

Name: _____ Age: _____ Circle: Male Female Other

Date: _____

Education Level: _____

Years Employed: _____ months: _____ Years Unemployed: _____ months: _____

If you are currently employed, respond to the questionnaire on the LEFT below. If you are currently unemployed, respond to the questionnaire on the RIGHT below.

Respond below if you are currently EMPLOYED

First, read each of the 5 statements below. Then, consider which one best describes how you now feel about your job. Finish by placing an X in the box to the left of the statement that best describes how you now feel about your job.

- I am Very Dissatisfied with my job, and feel an URGENT NEED to change it.
- I am Dissatisfied with my job, and feel a STRONG NEED to change it.
- I am Not So Sure how I feel about my job, and NOT SURE if I want to change it.
- I am Satisfied with my job, and DON'T WANT to change it now, but maybe in the future I would.
- I am Very Satisfied with my job, and DEFINITELY DON'T WANT to change it.

Respond below if you are currently UNEMPLOYED

First, read each of the 5 statements below. Then, consider which one best describes how you now feel about being unemployed. Finish by placing an X in the box to the left of the statement that best describes how you now feel about being unemployed.

- I am Very Dissatisfied with being unemployed, and feel an URGENT NEED to change.
- I am Dissatisfied with being unemployed, and feel a STRONG NEED to change.
- I am Not So Sure how I feel about being unemployed, and NOT SURE if I want to change.
- I am Satisfied with being unemployed, and DON'T WANT a change now, but maybe in the future I would.
- I am Very Satisfied with being unemployed, and DEFINITELY DON'T WANT to change now.

I would accept a referral to Employment Services (Please Check One)

() In the next 3 months () Not at all () In the next 6 months () I feel I can obtain my own job

I would like to talk to staff about the impact of work on my benefits

() Yes () No

**Adapted with the permission of Edward S. Casper, Ph.D, by the Maine Medical Center Department of Vocational Services*